

2005 OWNER'S MANUAL

Thank-you for buying a Headstrong Harness. Please read and follow the instructions carefully to ensure maximum performance.

The 2005 Headstrong Harness (30 & 60-litre) will fit almost all available barrels on the market.

**INSTALLATION:**

Install the harness in the following order: Top Strap, Side Straps, Bottom Straps

**Top Strap**

Remove the top from the barrel.

Wrap the Top Strap around the top of the barrel, then through the loop. Pull snugly, and fasten the Velcro – this strap should be fairly tight\*. Re-align the harness if required by sliding it around the barrel.

\*See variation for Eureka barrels below

**Side Straps with Main Strap**

The Main Strap (with steel triangle) loops under the bottom, and onto the back of the barrel.

Install both side straps through the triangle, and then tighten & secure on the Velcro. These straps only need to be tightened enough to take the slack out of the Main Strap – they will tighten further when loaded.

Make sure that the straps are adjusted to the same length.

**Bottom Straps**

The Bottom Straps pass through the plastic loops, and then fasten back on themselves. Tighten snugly, and ensure the straps are adjusted to the same length.

***Note for Eureka Barrels:***

The design of the Eureka barrels requires that you install the top strap snugly, but not tight. The top of the harness should pull down approximately 1/2" from the rim of the barrel when the side straps are tightened. This will also take up any slack in the top strap.



This allows the aluminum triangles to clear the lid clamp. The picture shows the proper installation.

## **PACK ADJUSTMENTS:**

***Put a small load in the barrel to help ensure proper fit.***

Before putting on the pack, loosen the following straps:

- Waist Belt
- Side stabilizers (straps at the sides of waist belt)
- Shoulder straps
- Load lifters (straps from top of arms at the shoulders to the top of the barrel)
- Sternum Strap (strap across the chest)

Once the pack is on, adjust in the following sequence:

1. Tighten waist belt (belt/lumbar pad should be on top of the hips)
2. Adjust the Shoulder straps – ensure that the barrel is as close to your back as possible
3. Attach the sternum strap and tighten – the sternum strap can also be adjusted up/down to where it is comfortable
4. Adjust the side stabilizers on the waist belt to minimize barrel movement
5. Tighten the top stabilizers – proper adjustment will also help minimize barrel movement

### ***Barrels with tumpline:***

The tumpline should fit on your head just behind the hairline (assuming a full head of hair).

Please note that a tumpline and waist belt will 'fight' each other – if you use a tumpline, loosen the waist belt.

**WARRANTY:**

The designers of Headstrong Packs are also avid paddlers – we understand the abuse that gear must endure – this pack has been made to last.

Our warranty is simple:

First Year

Completely covered, except for obvious misuse

After One Year

Covered against manufacturer's defect (stitching etc).

Damage due to normal wear and tear will be repaired at a reasonable cost.

(Please note that many pack manufacturers refer to this as a "Lifetime Warranty").

Shipping of Returns

The owner pays shipping to us; we will pay to ship back.

**Happy Paddling and Portaging!**